What is claimed is:

- 1. A tampon for feminine hygiene comprising an insertion end, a withdrawal end, a longitudinal axis, a radial axis, and an outer surface; said tampon being comprised of compressed fibrous material; wherein said outer surface of said tampon comprises a plurality of recessed portions, each of said recessed portions comprising a length dimension, a first side wall, and a second side wall, said first side wall having a proximal end, an opposed distal end, and a wall dimension extending between said proximal end and said distal end, said second side wall having a proximal end, an opposed distal end, and a wall dimension extending between said proximal end and said distal end, said proximal ends of said first and second side walls intersecting one another to form a vertex, said recessed portion having a depth dimension as measured parallel to said radial axis from an imaginary line connected by said distal end of said first side wall and said distal end of said second side wall to said vertex, said depth dimension varies as measured along at least a portion of said length dimension.
 - 2. The tampon according to Claim 1 wherein said vertex is parallel with said longitudinal axis
 - 3. The tampon according to Claim 1 wherein said plurality of vertexes are spirally shaped.
 - 4. The tampon according to Claim 1 wherein said distal vertexes are evenly spaced.
 - 5. The tampon according to Claim 1 wherein the fibrous material of said tampon has an essentially uniform density over a cross section of the tampon.
 - 6. The tampon according to Claim 1 wherein the fibrous material of said tampon has varying density over a cross-section of the tampon.
 - 7. The tampon according to Claim 1 wherein said tampon further comprises a core which is highly compressed.
 - 8. The tampon according to Claim 1 wherein said withdrawal end further comprises a withdrawal member.
 - 9. The tampon according to Claim 1 wherein said withdrawal end further comprises a finger indent.